



## NeuroSkeletal Therapy

NeuroSkeletal Therapy is a relatively new technique that provides gentle non-manipulative, non-judgmental, skeletal alignment through the activation of innovative neurological transmission pathways in the central nervous system. Because it is non-manipulative and non-invasive, it is safe to use from birth to old age without the possibility of causing damaged nerves, intervertebral discs or soft tissues. Due to its methodology and application, it can only improve function and mobility, dependant on the condition of the surrounding muscular structure.

The human body is programmed to rebalance itself but due to trauma in the soft tissues, the messages to the brain and back cannot travel through damaged tissue as well as they can through healthy tissue.

Thousands of people now live a fully active and pain free lifestyle due to this innovative and effective technique.

NeuroSkeletal Therapy has been applied very successfully in the improvement and maintenance of patients in the following conditions, to name just a few:

- Whiplash injuries
- Arthritis, Sciatica
- Motor Vehicle Accidents
- Sporting injuries
- Lower Back Syndrome
- Short Leg Syndrome
- Dowager's Hump Kyphosis
- Lordosis, Scoliosis
- Bad Posture
- Muscular Dystrophy
- Nutritionally Based Defects
- Subluxation

## How Does It Work?

NeuroSkeletal Therapy has its roots in American Osteopathic Medicine and is a much more advanced approach than forced manipulation. Pressure points that relate to your skeleton and joints are gently activated with your clothes on. This activation of particular reflex points all over the body results in the skeleton realigning itself.

The first treatment session takes about an hour and a half and incorporates the taking of your medical history and a full postural assessment.

Many kinds of back neck and joint problems are completely solved with this revolutionary new approach to balance, increase mobility and postural integration. The human body realigns itself with this type of treatment and it works with over 95% of patients with all kinds of back and neck pain. As 30% of all headaches arise from misaligned vertebrae in the neck, and pain medication doesn't solve the problem, this kind of treatment can bring rapid relief too many different types of people, improving their concentration, work ethic and general quality of life.

Call now to make your booking or go to  
[www.allbodycare.com.au](http://www.allbodycare.com.au)

 **Call Caroline Now!**  
Clinic: 07 3879 0037  
Mobile: 0416 256 636

 Full Member Of The  
International Institute For  
Complementary Therapists